

February 2026 | Highlands at Riverwalk

HIGHLANDS

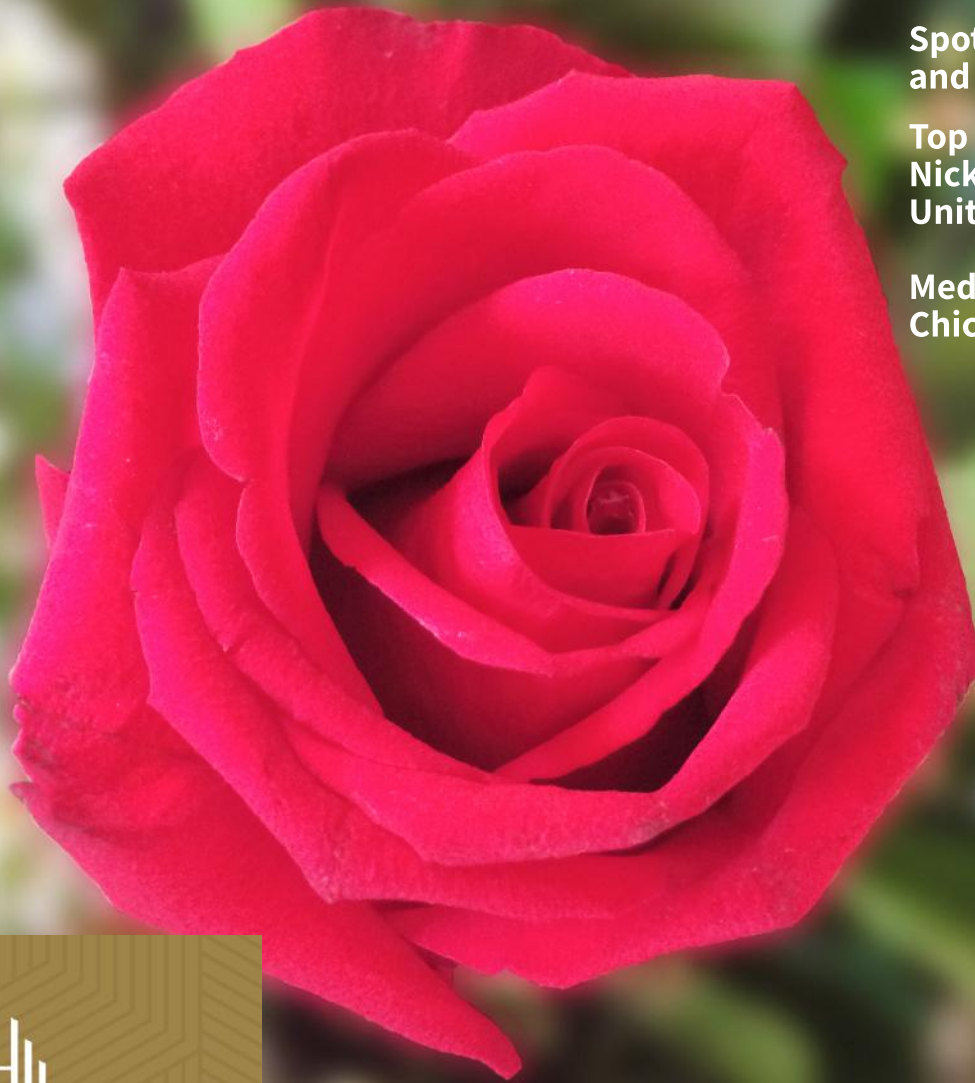
Happenings

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**HIGHLANDS
COMMUNITIES**
Apartment & Townhomes 55+

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PAST ACTIVITIES & RECREATIONAL EVENTS



UPCOMING SPOTLIGHT EVENTS



Weekly Coffee Hour

FRIDAY, FEB 6TH, 13TH, 20TH, 27TH AT 10:00 AM | COMMUNITY ROOM

Join us for Coffee Hour! Sip rich brews, savor sweet treats from The Chef's Daughter, and share warm conversation. A cozy gathering where every cup shines and every bite delights—don't miss these golden moments every Friday.

This event is free. RSVP Not Required



Valentine's Mingle

TUESDAY, FEBRUARY 10TH AT 4:00 PM | COMMUNITY ROOM

Join our Valentine Mingle! Sip and savor a delightful selection of wines paired with tasty bites and sweet treats. Enjoy a cozy, relaxed atmosphere with plenty of space to mingle, share laughs, and make new connections. Cheers to a good time with great company!

\$5 per person. RSVP by Thursday, February 5th



Winter Warm-Up Bingo

THURSDAY, FEBRUARY 19TH AT 4:00 PM | COMMUNITY ROOM

Join us for Winter Warm-Up Bingo! Cozy vibes, festive décor, seasonal prizes, and a lively caller make this an event you won't want to miss. Grab your cards and let the fun begin!

This event is free. RSVP by Monday, February 16th



Story Stones & Memory Pebbles

MONDAY, FEBRUARY 23RD AT 1:00 PM | COMMUNITY ROOM

Story Stones & Memory Pebbles: All supplies included! Decorate stones with words or symbols that spark meaning for you. Reflect, connect, and enjoy a creative moment.

This event is free. RSVP Not Required



Fireside Fondue & Friendship

FRIDAY, FEBRUARY 27TH AT 12:00 PM | COMMUNITY ROOM

Enjoy sweet and savory fondue with a variety of delicious dippables, plus wine, beer, and soft drinks! Dip, chat, and snack at your own pace. Want to keep the conversation flowing? Check out our fun Fondue Facts sheet—packed with tasty tidbits of knowledge to share!

\$17 per person. RSVP by Monday, February 23rd

*We look forward to having you join us!
For a complete list of activities and events taking place
this month at the Highlands, visit our Activity Calendar on pages 6-7.*

RESIDENT REMINDERS



True friends are never apart, maybe in distance but never in heart.

– Helen Keller

Congratulations!

Who won \$100?



This month's winner of our \$100 lease renewal drawing is Bette S.



Walkers & Scooters FOR THE SAFETY OF EVERYONE

Walkers and scooters should not be left in the common areas of the community or in hallways when you leave the building. You may, however, leave your walker or scooter near the elevator in the basement as you come and go. If you choose to do this, please be sure to park it out of the way of foot traffic for the safety and convenience of our residents. Please also note that Highlands Communities is not responsible for lost or stolen walkers or scooters.

Elevator Etiquette A FRIENDLY REMINDER FOR OUR RESIDENTS

Please avoid holding the elevator doors open. It's better to step out and finish your conversation, allowing the elevator to continue. Holding the doors repeatedly can trigger the alarm, and this may cause problems with the elevator's programming, leading to a shutdown and requiring a reset.

Your cooperation is greatly appreciated to help things run smoothly!

Wisconsin Homestead Rent Certificates FORMS AVAILABLE IN THE RESIDENT SERVICES OFFICE

The State of Wisconsin allows deduction to income taxes for your residence. The program, established in 1964, is called the Homestead Tax Credit. To be eligible, a person must own or rent his/her residence, be at least 18 years of age and have a low annual household income.

If you qualify and wish to take advantage of this program, you will need a Rent Certificate completed by your landlord. The Resident Services Office has these forms available and upon request, will complete the form for you within 3 business days.

If you have questions about this tax credit, contact your tax advisor. If you have questions about completing the Rent Certificate, please contact our Resident Services Office.

Common Area Expectations A FRIENDLY REMINDER FOR OUR RESIDENTS

The common areas and hallways of our communities are shared spaces enjoyed by all. As a friendly reminder, please be mindful of the following when in the common areas: Avoid behavior that could create a nuisance such as playing, loitering, loud noises, offensive conduct, inappropriate attire (please have shoes and appropriate street attire on at all times), or playing music without headphones.

If you have any questions about what is, or is not allowed, in the common areas, please refer to your lease, or contact the Resident Services Office for more information.

Celebrate Good Times FRIDAY, FEBRUARY 20TH AT 10 AM COMMUNITY ROOM

BIRTHDAY, ANNIVERSARY & NEW RESIDENT CELEBRATION

Be our guest as we celebrate your special day with treats and coffee. Let's be joyful and celebrate our milestones together!



Return The Carts For Others To Use A FRIENDLY REMINDER

Please be courteous to your neighbors and return the community shopping carts and flatbeds to their designated area immediately after you are finished using them. We appreciate your cooperation.

Experience Eleanor Roosevelt A MONTH OF INSPIRATION

Celebrate Eleanor all February!

Feb 5: Word Café, 11 am – Dive into My Day

Feb 12: Classic Radio, 4 pm – Hear her powerful speeches

Feb 16: Luncheon, 12 pm – Soup, salads, & sweet surprises

Feb 19: Book Club, 1pm – Explore her advice column

Feb 26: Historical Impressionist, 1 pm - Jessica Michna brings Eleanor to life

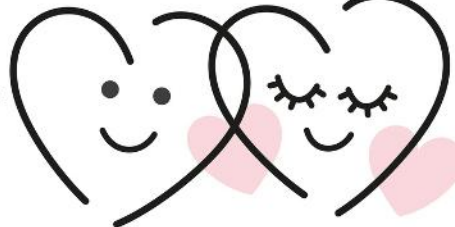


Nothing is impossible. The word itself says 'I'm possible!'

–Audrey Hepburn



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4	5	6	7
National Baked Alaska Day	2 pm Scrabble 6:30 pm Bingo	10 am Coffee Hour 1 pm Game Time 2 pm Billiards	10 am Exercise 2 pm Canasta 4 pm Social Hour	11 am Word Cafe 1 pm Mahjong 7 pm Sheepshead	10 am Coffee Hour 2 pm Cribbage	10 am Chair Yoga 1 pm Dominoes National Eat Ice Cream for Breakfast Day
8	9	10	11	12	13	14
National Laugh & Get Rich Day	11 am Guided Group Stretch 2 pm Scrabble 6:30 pm Bingo	10 am Coffee Hour 1 pm Game Time 2 pm Billiards 4 pm Valentines Mingle	10 am Exercise 2 pm Canasta 4 pm Social Hour	10 am Fire Alarm Testing 11 am Orange Shoe Fitness 1 pm Mahjong 4 pm Classic Radio Program 7 pm Sheepshead	10 am Coffee Hour 2 pm Cribbage	10 am Chair Yoga 1 pm Dominoes Happy Valentine's Day
15	16	17	18	19	20	21
National Gum Drop Day	PRESIDENTS' DAY 12 pm Luncheon 2 pm Scrabble 6:30 pm Bingo	MARDI GRAS/RAMADAN BEGINS CHINESE/LUNAR NEW YEAR 10 am Coffee Hour 1 pm Game Time 2 pm Billiards	ASH WEDNESDAY 10 am Exercise 2 pm Canasta 4 pm Social Hour	11 am Orange Shoe Fitness 1 pm Book Club 2 pm Mahjong 4 pm Winter Warm-Up Bingo 7 pm Sheepshead	10 am Coffee Hour & Monthly Celebrations 2 pm Cribbage	10 am Chair Yoga 1 pm Dominoes National Stickey Bun Day
22	23	24	25	26	27	28
National Be Humble Day	1 pm Story Stones & Memory Pebbles 2 pm Scrabble 6:30 pm Bingo	10 am Coffee Hour 1 pm Game Time 2 pm Billiards	10 am Exercise 2 pm Canasta 4 pm Social Hour	11 am Orange Shoe Fitness 1 pm Eleanor Roosevelt Performance 1 pm Mahjong 7 pm Sheepshead	10 am Coffee Hour 12 pm Fireside & Fondue 2 pm Cribbage	10 am Chair Yoga 1 pm Dominoes National Science Day

happy  valentine's day

HIGHLANDS COMMUNITIES
FEBRUARY 2026
ACTIVITIES

JUST FOR FUN



Fun Facts About Leap Year

Leap years exist to keep our calendars in sync with Earth's orbit. It takes Earth about 365.242 days to orbit the sun, so adding an extra day every four years—February 29—helps correct that small fraction.

But not all years divisible by 4 are leap years! Century years must also be divisible by 400 to qualify. That's why 1900 wasn't a leap year, but 2000 was. Without leap years, seasons would slowly drift, eventually throwing our calendars out of whack!



Back Then In History - February

On February 14, 1968—fittingly Valentine's Day—the first successful U.S. heart transplant was performed in Houston, Texas, by Dr. Denton Cooley. The recipient, a 47-year-old man, lived for over 200 days following the procedure.

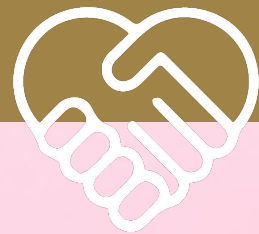


This medical milestone marked the beginning of a new era in cardiac care and innovation.

Today, heart transplants continue to save lives around the world thanks to the groundbreaking efforts of early pioneers in transplant medicine.

February is the border between winter and spring.

— Terri Guillemets



Top Ten

MOST POPULAR NICKNAMES IN THE UNITED STATES

Whether playful, cute, or nostalgic, nicknames bring a personal touch to relationships. From childhood favorites to pet names for loved ones, everyone has a soft spot for a good nickname!

1. Buddy
2. Sweetie
3. Champ
4. Boo
5. Peanut
6. Ace
7. Sunshine
8. Lovebug
9. Chief
10. Snickers

Fun Names!

WHAT'S COOKING

Mediterranean Chicken Bake

It only takes a handful of fresh, flavorful ingredients to make this easy and vibrant dish. Juicy tomatoes and crumbled feta create a savory, tangy sauce that's delicious spooned over rice, orzo, or pasta—making this recipe perfect for a weeknight dinner or casual weekend meal.

Can be frozen for up to 3 months.



INGREDIENTS

- 4 chicken breasts (about 1.5 pounds)
- 2 cups grape tomatoes
- 1 shallot, sliced
- 3 cloves garlic, minced
- 3 sprigs thyme or 1/2 tsp dried thyme
- 1/2 cup feta, crumbled
- 2 tbsp olive oil
- 2 tbsp Italian seasoning
- 1/2 tsp salt
- 1/4 tsp pepper
- 2 tbsp parsley, chopped (for garnish)

STEP 1: Mix the tomatoes, olive oil, garlic, shallot, thyme, and half of the feta in the bottom of a 9x13 Pyrex baking dish or similar.

STEP 2: Make room for the chicken breasts and lay them in a single layer without touching. Sprinkle with salt, pepper, and Italian (or Greek) seasoning.

STEP 3: Bake at 375°F for about 30 minutes or until internal temperature reaches 165°F.

STEP 4: Top with remaining feta and bake an additional 3–4 minutes to melt.

Healthy and delicious!



Shelf Indulgence

THIS MONTH'S BOOK RECOMMENDATION

The Bookish Life of Nina Hill by Abbi Waxman

Nina, a bookstore employee and trivia whiz, lives a quiet, organized life—until the father she never knew leaves her a large, chaotic family. With lovable characters, sharp humor, and witty observations, this book is a feel-good celebration of introverts, books, and embracing change. A smart, cozy pick for curling up with in the winter.

CONTACT INFORMATION

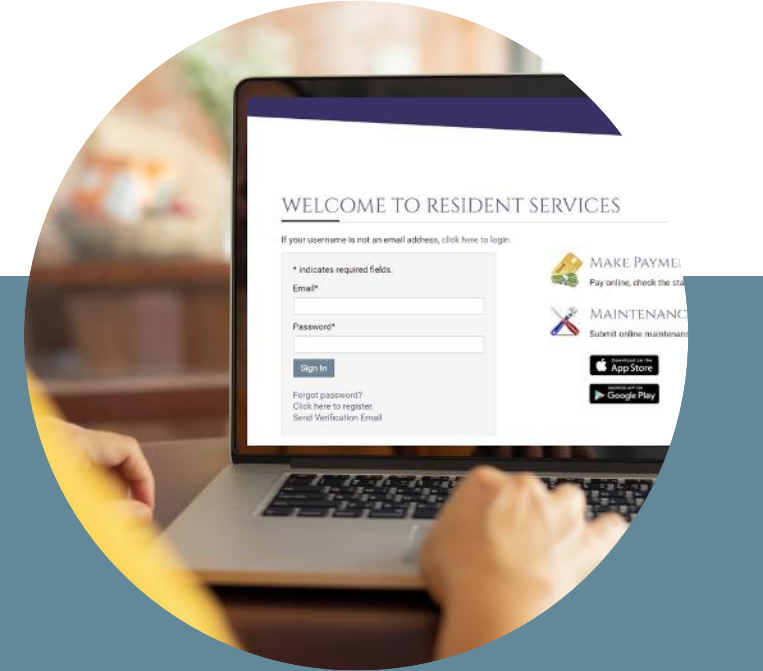


Resident Portal

Make rent payments. Pay online, check the status of your payments, review your payment history, submit maintenance requests and view event invitations.

Our resident portal is an online tool for you to be able to take care of some things without having to wait for the Resident Services Office to open. It's easy, it's convenient and it's designed with you in mind.

Need more information? Contact us today!



Main Office

Mon - Fri, 10am - 5pm
Phone: (262) 444-5651

10954 N Cedarburg Rd.
Mequon, WI 53092

COMMUNITY DIRECTOR

Emily Suelflow
Riverwalk@ardenpropertygroup.com

LEASING

Mon - Fri, 10:00am - 5:00pm
Phone: (262) 444-5651

MAINTENANCE

Mon - Fri, 8:30am - 5pm
Phone: (262) 444-5651
Evenings & Weekends (AnSer) (800) 263-6148

MAINTENANCE TEAM

Aidan Coleman

HOUSEKEEPING TEAM

Elaine Jones

Community Engagement Coordinators

Melody Marsh

Connecting Through Life Experiences

WARM UP WINTER WITH FRIENDSHIP AND FUN

This February, we're creating spaces for community, creativity, and meaningful connection.

Join Us Each Week For:

Orange Shoe Fitness stay active by joining our group class Thursday, February 12th, 19th & 26th at 11 am in the Community Room.

Coffee Hour with warm drinks and great conversation every Tuesday & Friday at 10:00 am in the Community Room.

Plus, visit our **Pen-Pal Card Making Station** located in the Community Room. Stop down any time in February to share words of hope on your hand crafted card that will brighten a child's day at St. Jude Children's Research Hospital.

Every event is a chance to slow down, connect, and share special moments. We can't wait to see you there!

Onsite Services

Salon

Mon - Fri
Salon, by apt
(414) 962-1370

STYLIST

Joyce

Nail Clinic: Toe Nail Trimmers

ROOM: SALON

Start 9:30am One Tuesday a month

Phone: (262) 719-0336

Must call to schedule.

Cost: \$35.00

Exact cash or check

Only one person allowed in the salon during appt. even if it is from the same apt.

February - A Month of Progress

February marks Black History Month, honoring the achievements and contributions of African Americans throughout history.

It also includes significant events like Presidents Day, Valentine's Day, and the birthdays of influential figures such as Frederick Douglass and Abraham Lincoln.

Join us this month in celebrating reflection, connecting through life experiences, and progress.

Local Services

Spectrum Cable

HOTLINE

(833) 697-7328

RIVERWALK ACCOUNT

Use address and apt. #

WE Energies

HOTLINE

(800) 242-9137

Ozaukee County Rideshare

HOTLINE

(262) 238-8294

Metro line

(262) 284-8294

Mequon City Hall

PHONE

(262) 242-3100

Happy Valentine's Day!



CHECK IT OUT

Refer a friend or relative who completes an application by March 31, 2026 and when they move in, you'll receive

\$500 CASH BACK!*

*Some restrictions apply. Application must be completed by March 31, 2026. Promotional program and cash back applicable to current Highlands Communities residents only. Recipient is responsible for paying all other local, county, state, and federal taxes on referral bonus.



For After Hours Maintenance Emergencies

HERE'S HOW TO GO ABOUT MAKING US AWARE THAT YOU REQUIRE ASSISTANCE

For all maintenance emergencies after 4:30 pm, Monday through Friday, Saturdays, Sundays, and holidays, please call our after hours call center, The Answer, at 1-800-263-6148.

You will be asked to provide the following information:

1. Your name
2. The name of the Highlands Community where you reside
3. Your building #, apartment # and phone #
4. A description of your emergency

If leaving a message, please be sure to include all information listed above.

Upon receiving an emergency call, The Answer operator will contact our on-call maintenance staff and they will respond accordingly. If you do not hear back from our on-call team member within 30 minutes, please call 'The Answer' back to make them aware.

If your call is not considered a maintenance emergency, The Answer will not contact our on-call maintenance staff. We ask that all residents have a personal plunger and attempt to unclog your toilet prior to calling for emergency assistance.

A maintenance emergency is considered as the following: No heat, flooding such as water heater, toilets and drains or unnatural flooding into the apartment, refrigerator not working, gas odor, plugged toilet if overflowing and the only toilet in the apartment, clogged drains, no A/C if temperature is higher than 75 degrees, garage doors not opening/closing properly, lockouts, no electricity, elevator stuck or not opening, smoke detector beeping. For all medical, fire and police emergencies, please call 911.

